



# IMPACT REPORT

JULY 2023



## A Healthy Bite of the Apple

Guided by our strategic plan, unanimously adopted by our Board of Trustees in December 2022, The Health Trust is leveraging our roles as a funder, provider, and advocate to create a Silicon Valley with no racial health disparities. We've set goals to:

- Decrease food insecurity,
- Decrease the prevalence of diabetes and people with poorly controlled diabetes,
- Increase the % of residents living with HIV who are virally suppressed, and
- Reduce the inflow of people becoming homeless.

While the pandemic has been declared over, we at The Health Trust continue to see elevated community need compared to pre-pandemic times.

- We're still experiencing more than triple the demand for home-delivered meals compared to early 2020 levels.
- We're focusing on ensuring that our clients with chronic diseases such as HIV are getting the care - and care coordination - they need.
- We're continuing to help clients find safe, supportive housing, and remain stably housed so they can improve their health and well-being.

The Health Trust cannot tackle health disparities by ourselves. That's why we've been meeting twice a month with the Santa Clara Family Health Plan, Santa Clara County Public Health Department, and numerous health-focused community based organizations to coordinate an innovative, shared countywide *Health Equity Agenda*.

And we're cooking up an innovative pilot to blend cutting-edge digital health strategies with trusted, culturally appropriate approaches to tackle community health challenges like diabetes.

We treasure your support as we address community health.

Yours in community,

CEO



**93% of our HIV/AIDS Services clients** on highly active retroviral therapy had **undetectable HIV viral loads**, compared to 88% nationally

**98% of Meals on Wheels clients** reported the program was important in helping them remain **independent in their homes**



**89% of our Housing Services clients** receiving intensive case management **retained their housing**, compared to 80% for the county

Learn more about our programs and services by visiting [healthtrust.org](https://healthtrust.org)



## Transforming Lives through our Housing Services Program

The Health Trust recognizes that **stable housing is a necessary factor to improve one's health**, especially if you're living with a disability or chronic condition like HIV, or have been chronically homeless. With intensive case management, health and wellness services, and access to nutritious food, **we assist more than 400 individuals each year find the housing they need** to help them get back on course and live healthier lives.

At The Health Trust, our dedicated case managers strive to not only assist clients with securing stable housing, but help them obtain the necessary skills needed to maintain their housing.

This can include:

- rental assistance
- financial management
- budgeting
- legal support
- employment assistance
- accessing community resources
- assistance with completing applications
- landlord-client mediations
- transportation

Another person housed means another life transformed, as stable housing becomes the foundation for their journey towards health, empowerment, and a brighter future.

**Learn more** about our Housing Services program by visiting [healthtrust.org/provider/housing](https://healthtrust.org/provider/housing)

## Celebrating the Retirement of Two Special Meals on Wheels Heroes!

Serving as The Health Trust's Director of Food & Nutrition Services for 10 years, **Teresa Johnson** retired in early June. Through her leadership over the years, she ensured that homebound seniors and medically vulnerable residents received nutritious home-delivered meals and in-person wellness checks, especially during the COVID pandemic when the program exponentially grew to meet the increased need in the community.

And for more than 30 years, Pattie Salazar, a Program Coordinator for Meals on Wheels, served as a program backbone, helping food-insecure homebound seniors and people with disabilities sign up for home-delivered meals. Using her multilingual skills and compassion, Pattie assisted hundreds of clients throughout Santa Clara County by answering their questions, enrolling them in Meals on Wheels, and providing additional information and referrals as needed.

They are our unsung community heroes who leave behind a legacy of kindness and care for every client, volunteer, staff, and family they have served over the years.

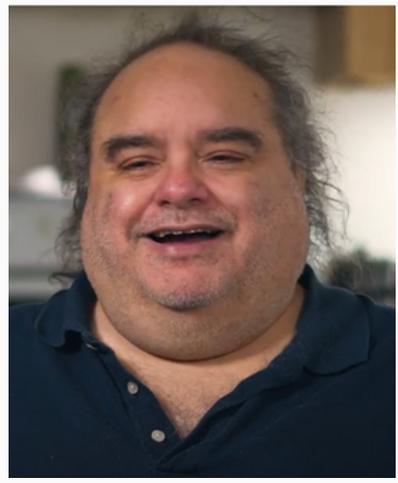
Thank you, Teresa and Pattie, for your dedication to our community - Happy retirement!



*Thank you, Teresa & Pattie!*

## Medically Tailored Meals Gives Newfound Strength & Energy

John Luna's life took an unexpected turn when he discovered he had diabetes during a visit to the hospital for a severe shoulder infection. Although the doctors successfully treated his infection, this wake-up call prompted John to reevaluate his approach to his own health. Being homeless at the time, he had grown accustomed to relying solely on himself, but he realized the importance of trusting others and seeking support.



Fortunately, John's path crossed with the Health Trust's Medically Tailored Meals Program, which aims to assist individuals like him in managing their blood sugar and blood pressure. As a homeless person, John had struggled with maintaining a healthy diet. However, with the help of this program, he not only discovered delicious meals tailored to his medical needs but also gained newfound energy that had been absent for a long time.

With each passing week, the nutritious meals provided by The Health Trust rejuvenated John's body and invigorated his spirit. No longer burdened by constant fatigue, he found a renewed sense of motivation. John realized that the program's support had become a pivotal catalyst for him to seek a fresh start, one where he could actively participate in society by finding employment and contributing as a responsible citizen.

Fueled by gratitude and armed with newfound resilience, John embarked on a journey to rebuild his life. The assistance he received from The Health Trust had not only improved his physical well-being but had also reignited his faith in the power of community support.

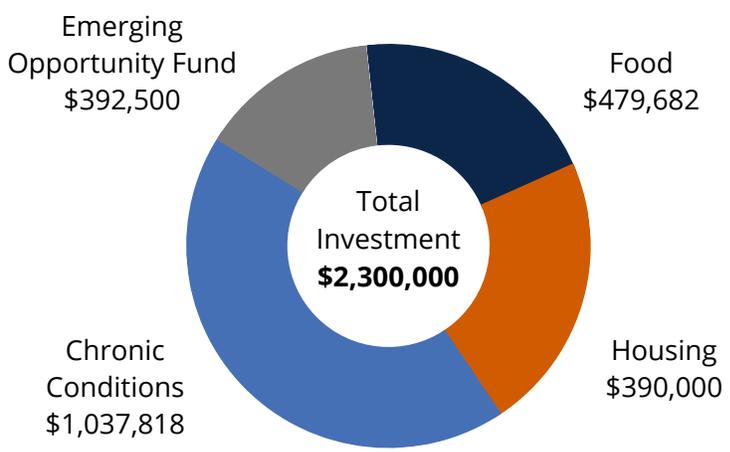
John's transformative experience serves as a reminder that, in times of adversity, seeking assistance can be a catalyst for personal growth and positive change. Through his own perseverance and the support he received, he discovered the strength to reclaim his place in society and become an active participant in shaping his future.

Listen to John's story on [YouTube](#).

### As a Funder...

At the Health Trust, we support organizations, programs and projects that align with our mission and focus areas. In FY23, the Health Trust invested **\$2.3M** in local nonprofits working to support the health and well-being of Santa Clara and northern San Benito County residents.

### FY23 Grantmaking Impact by Focus Area 17 Grants Awarded



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## CalAIM Enhanced Care Management & Community Supports



As part of our commitment to improving the health outcomes and quality of life for Medi-Cal members in Santa Clara County, the Health Trust has partnered with Santa Clara County's two Medi-Cal managed care plans to provide Enhanced Care Management (ECM) and Community Support (CS) services through **California Advancing and Innovating Medi-Cal, or CalAIM**, a multi-year initiative by the Department of Health Care Services to improve the quality of life and health outcomes of Medi-Cal members.

Our team of experts is working closely with the managed care organizations to develop and implement new programs, services, and resources that address the unique needs of Medi-Cal members in Santa Clara County. Services include a range of resources and support, including Housing Services and Medically Supportive Food and Meals. Through ECM, our team of care coordinators works with Medi-Cal members to develop **personalized care plans** that address their specific health and social needs. Our CS services provide **ongoing support and resources** to help members achieve their health goals and improve their overall well-being.

Through this collaboration and services provided, we are working to improve health equity and reduce health disparities for Medi-Cal members in Santa Clara County. The Health Trust is proud to be part of this groundbreaking initiative which will make a positive impact on the health and well-being of our community.

## Support Our Work

As a 501(c)3 nonprofit, the Health Trust depends on partners, including volunteers and donors, to support our work. Donations to the Health Trust support our direct service programs exclusively.

To get involved, contact [info@healthtrust.org](mailto:info@healthtrust.org).

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