Decrease food insecurity,
Decrease the prevalence of diabetes and people with poorly controlled diabetes,
Increase the % of residents living with HIV who are virally suppressed, and
Reduce the inflow of people becoming homeless.

We're still experiencing more than triple the demand for home-delivered meals compared to early 2020 levels.

We're continuing to help clients find safe, supportive housing, and remain stably housed so they can improve their health and well-being.

While the pandemic has been declared over, we at The Health Trust continue to see elevated community need compared to pre-pandemic times.

The Health Trust cannot tackle health disparities by ourselves. That's why we've been meeting twice a month with the Santa Clara Family Health Plan, Santa Clara County Public Health Department, and numerous health-focused community based organizations to coordinate an innovative, shared countywide Health Equity Agenda.

And we're cooking up an innovative pilot to blend cutting-edge digital health strategies with trusted, culturally appropriate approaches to tackle community health challenges like diabetes.

We treasure your support as we address community health.

Yours in community,

CEO
Celebrating the Retirement of Two Special Meals on Wheels Heroes!

Serving as The Health Trust’s Director of Food & Nutrition Services for 10 years, Teresa Johnson retired in early June. Through her leadership over the years, she ensured that homebound seniors and medically vulnerable residents received nutritious home-delivered meals and in-person wellness checks, especially during the COVID pandemic when the program exponentially grew to meet the increased need in the community.

And for more than 30 years, Pattie Salazar, a Program Coordinator for Meals on Wheels, served as a program backbone, helping food-insecure homebound seniors and people with disabilities sign up for home-delivered meals. Using her multilingual skills and compassion, Pattie assisted hundreds of clients throughout Santa Clara County by answering their questions, enrolling them in Meals on Wheels, and providing additional information and referrals as needed.

They are our unsung community heroes who leave behind a legacy of kindness and care for every client, volunteer, staff, and family they have served over the years.

Thank you, Teresa and Pattie, for your dedication to our community - Happy retirement!

Transforming Lives through our Housing Services Program

The Health Trust recognizes that stable housing is a necessary factor to improve one’s health, especially if you’re living with a disability or chronic condition like HIV, or have been chronically homeless. With intensive case management, health and wellness services, and access to nutritious food, we assist more than 400 individuals each year find the housing they need to help them get back on course and live healthier lives.

At The Health Trust, our dedicated case managers strive to not only assist clients with securing stable housing, but help them obtain the necessary skills needed to maintain their housing.

This can include:
- rental assistance
- financial management
- budgeting
- legal support
- employment assistance
- accessing community resources
- assistance with completing applications
- landlord-client mediations
- transportation

Another person housed means another life transformed, as stable housing becomes the foundation for their journey towards health, empowerment, and a brighter future.

Learn more about our Housing Services program by visiting healthtrust.org/provider/housing
Medically Tailored Meals Gives Newfound Strength & Energy

John Luna's life took an unexpected turn when he discovered he had diabetes during a visit to the hospital for a severe shoulder infection. Although the doctors successfully treated his infection, this wake-up call prompted John to reevaluate his approach to his own health. Being homeless at the time, he had grown accustomed to relying solely on himself, but he realized the importance of trusting others and seeking support.

Fortunately, John's path crossed with the Health Trust's Medically Tailored Meals Program, which aims to assist individuals like him in managing their blood sugar and blood pressure. As a homeless person, John had struggled with maintaining a healthy diet. However, with the help of this program, he not only discovered delicious meals tailored to his medical needs but also gained newfound energy that had been absent for a long time.

With each passing week, the nutritious meals provided by The Health Trust rejuvenated John's body and invigorated his spirit. No longer burdened by constant fatigue, he found a renewed sense of motivation. John realized that the program's support had become a pivotal catalyst for him to seek a fresh start, one where he could actively participate in society by finding employment and contributing as a responsible citizen.

Fueled by gratitude and armed with newfound resilience, John embarked on a journey to rebuild his life. The assistance he received from The Health Trust had not only improved his physical well-being but had also reignited his faith in the power of community support.

John's transformative experience serves as a reminder that, in times of adversity, seeking assistance can be a catalyst for personal growth and positive change. Through his own perseverance and the support he received, he discovered the strength to reclaim his place in society and become an active participant in shaping his future.

Listen to John's story on YouTube.

As a Funder...

At the Health Trust, we support organizations, programs and projects that align with our mission and focus areas. In FY23, the Health Trust invested $2.3M in local nonprofits working to support the health and well-being of Santa Clara and northern San Benito County residents.
As part of our commitment to improving the health outcomes and quality of life for Medi-Cal members in Santa Clara County, the Health Trust has partnered with Santa Clara County’s two Medi-Cal managed care plans to provide Enhanced Care Management (ECM) and Community Support (CS) services through California Advancing and Innovating Medi-Cal, or CalAIM, a multi-year initiative by the Department of Health Care Services to improve the quality of life and health outcomes of Medi-Cal members.

Our team of experts is working closely with the managed care organizations to develop and implement new programs, services, and resources that address the unique needs of Medi-Cal members in Santa Clara County. Services include a range of resources and support, including Housing Services and Medically Supportive Food and Meals. Through ECM, our team of care coordinators works with Medi-Cal members to develop personalized care plans that address their specific health and social needs. Our CS services provide ongoing support and resources to help members achieve their health goals and improve their overall well-being.

Through this collaboration and services provided, we are working to improve health equity and reduce health disparities for Medi-Cal members in Santa Clara County. The Health Trust is proud to be part of this groundbreaking initiative which will make a positive impact on the health and well-being of our community.