The Health Trust

MISSION: TO BUILD HEALTH EQUITY IN SILICON VALLEY

In 1996, The Health Trust was formed from the sale of three local nonprofit hospitals. Since then, we have served the Silicon Valley community as a nonprofit operating foundation.

For over 20 years, The Health Trust has ensured that health-related grants, policies, and services exist to help give everyone the opportunity to be as healthy as possible - especially the most vulnerable. That’s what building health equity means to us.

It’s a mission driven by our core values, and one that we try to achieve as a local funder, provider, and advocate. But we can’t do it alone. With the support of funders, donors, and volunteers, and by partnering with community-based organizations, policymakers, and local leaders, together we can build the equity we seek.

VISION

We believe that everyone in our community should have the opportunity to be healthy. A person’s income, race, immigration status, language, age, or zip code should never act as a barrier to health.

By aligning our roles as a funder, a provider, and an advocate, The Health Trust tackles health disparities plaguing the most vulnerable populations in our community - impacting health-related services, systems, and policies.

Because everyone’s health matters.

BOARD OF TRUSTEES

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Efren Rosas, M.D.

Craig Stephens, Ph.D.
649,516
Pounds of produce distributed to clients and the community

169,107
Meals delivered to individuals in our community who are food insecure

73,701
Number of wellness checks and visits provided throughout the county
Supporters

WELLNESS VISIONARIES
$500,000 & up
California Department of Public Health, Office of AIDS
City of San Jose Department of Housing
County of Santa Clara Office of Supportive Housing
County of Santa Clara Public Health Department

WELLNESS CHAMPIONS
$100,000 to $499,999
Applied Materials Silicon Valley Turkey Trot - Silicon Valley
  Leadership Group Foundation
FIRST 5 Santa Clara County
Gilead Sciences
Santa Clara Family Health Plan
Sourcewise

DIRECTORS’ CIRCLE
$25,000 to $99,999
Anonymous
City of Mountain View
City of San Jose Department of Parks, Recreation, and Neighborhood Services
The David and Lucile Packard Foundation
El Camino Healthcare District
Gordon and Betty Moore Foundation
Hurlbut-Johnson Charitable Trusts (an advised fund of Silicon Valley Community Foundation)
Kaiser Permanente Northern California Community Benefit Programs
Leslie Family Foundation
LinkedIn Corporation
MAC VIVA GLAM Fund
Mercury News Wish Book Fund
The Swinerton Foundation
Karen Wang, M.D. and Michael Celio

BENEFACTORS’ CIRCLE
$10,000 to $24,999
Broadway Cares/Equity Fights AIDS
City of Campbell
City of Sunnyvale
Heritage Bank of Commerce
Knight Foundation
Pacific Gas and Electric Company
SCAN Health Plan
Sutter Health Palo Alto Medical Foundation
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INVESTORS’ CIRCLE
$2,500 to $9,999
AIDS Walk San Francisco
Anthem Blue Cross Foundation
AT&T of California
Bryce and Darla Beck
The Boucher Family Foundation
The Burt and Barbara Foundation
City of Milpitas

VOLUNTEER IMPACT

Number of Volunteers: 1,117
Hours Donated: 22,368
Service Value: $669,922

Many thanks to our individual and corporate volunteers.

CORPORATE VOLUNTEERS
ABM @ Facebook
adHere, LLC
Arm, Inc.
Bandai Namco Ent.
Berkeley Hathaway, Inc.
BrandVia Alliance, Inc.
Cadence Design Systems
City National Bank
Ebay
EQUINIX
First Tech Federal Credit Union
Google
Hewlett Packard Enterprise
Honda of Stevens Creek
iDtech
Insperity
Intuit
Johnson & Johnson Surgical Vision, Inc.
KPMG
Krypt, Inc.
LinkedIn
MAC Cosmetics
Medallia
Netsmart Technologies
Medallia
OmniVision
PayPal
PricewaterhouseCoopers, LLP
R2integrated
Referential Inc.
Rohde & Schwarz
Riverbed
Santa Clara County Federal Credit Union
SolutionsATI Consulting
Swinerton Builders
Symantec
Truner Construction
Uber Technologies
UPS Plant Engineering
Veritas Technologies, LLC
WebEnertia
Wells Fargo

For volunteer opportunities, contact
volunteers@healthtrust.org
Consulate General of Mexico
The Davidson Family Foundation
Andrea J. Elliott
Alexandria Felton
Barbara and Martin L. Fishman, M.D.
Douglas and Janet Ginter
Christine and Andrew Green
Todd and Amy Hansen
Diane Hawkes
Janet Heldt and Crystal West
Helms Foundation
Greg Henderson
Hugh Stuart Center Charitable Trust
J.W. & H.M. Goodman Family Foundation
Jockers Family Foundation
Legacy Venture
Michele Lew and Jon Kessler
Lucy Lofrumento
Kate Lorig, Dr.P.H.
Los Altos Community Foundation
Macy’s
Meals on Wheels America
Michael and Ina Korek Foundation Trust
Mission City Community Fund
PentaRisk Insurance Services LLC
Physicians Medical Urgent Care, Inc.
RBC Wealth Management
Robert George Scheid Revocable Trust
Roberta L. Robins, J.D.
Cynthia and Allen Ruby
Safeway Foundation
Grace A. Sanfilippo
SEI Corporation
St. Andrew’s Episcopal Church
The Staple Family Fund (an advised fund of Silicon Valley Community Foundation)
Star One Credit Union
Stella B. Gross Charitable Trust
Subaru of America
TouchPoint Foundation
UnitedHealthcare
The Verano Fund
Wells Fargo
William H. Cilker Family Foundation
James Feit
Helen L. Feller
Fox Family Charitable Gift Foundation
Lance Freesh
Gideon Hausner Jewish Day School
Gilmore IT
Healthier Kids Foundation
Thomas and Roberta Henderson
Hospital Council of Northern and Central California
James and Diane Hutchison
Teresa and Greg Johnson
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Deborah and Kenneth Lawrence
Stanford Children’s Health
Esther Marcial
Sara McClure
Milligan Family Foundation
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David and Michele Neighbors
James and Rebecca Nestor
Paul Newhagen
On Lok
Michelle Parodi Knight
Les and Louise Persson
Bernard L. Pfefer
Mark Prazer
Rotary Club of Morgan Hill
Sherri Sager
San Jose Water Company
Santa Clara Valley Water District
William Scharfen
Carlene Schmidt
Martha and William Sheridan, M.D.
Silicon Valley Community Foundation
Robert Smart
Stanford Health Care
Valley Medical Center Foundation
Gary and Sharon Vergho
Wells Fargo Bank
Wayne Williams
The Wolfe Foundation
Annie Zacanti
Joann Zimmerman, R.N.

LEADERSHIP CIRCLE
$1,000 to $2,499
Patricia and Thelmer Aalgaard
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Alliance Credit Union
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Amy Chan
The Cherniss Family Trust
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CliftonLarsonAllen (CLA)
Comcast California
Reese and Kathleen Cutler
Gordon and Carolyn Davidson

GIFT-IN-KIND DONORS
Valued at $1,000 & up
NBC Bay Area / Telemundo 48
Sobrato Family Foundation
Second Harvest Silicon Valley
The Flower Cottage
Rock Bottom Restaurant & Brewery
Provider

Food is Medicine

In April 2018, The Health Trust joined the California Food is Medicine Coalition (Cal FIMC) Medi-Cal Medically Tailored Meals Pilot Program. Medically Tailored Meals are delivered to individuals living with severe illness through a referral from a medical professional or healthcare plan. Meal plans are tailored to the medical needs of the recipient by a Registered Dietitian Nutritionist and designed to improve health outcomes with the goal of reducing healthcare costs and increasing patient satisfaction.

At the end of the first year, the pilot is observing some positive findings. Across the state, participants who completed the program are reporting fewer hospital re-admissions consistent with similar intervention programs across the country. The Health Trust’s program has also seen an increase in perceived health status from program participants and an overall decrease in the number of hospital re-admissions.

<table>
<thead>
<tr>
<th>CLIENTS</th>
<th>COMPLETION</th>
<th>MEALS SERVED</th>
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<tr>
<td>In the first year, The Health Trust enrolled 62 individuals in the Medi-Cal Medically Tailored Meals Pilot Program.</td>
<td>More than 2/3 of enrolled clients completed the program and experienced positive health outcomes, such as lower hospital re-admission rates.</td>
<td>The Medically Tailored Meals program provides meals that reflect appropriate dietary therapy based on evidence-based nutrition practice guidelines.</td>
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<tr>
<td>62</td>
<td>69%</td>
<td>11,689</td>
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Pilot Success Story

Seventy-seven-year-old Maya began receiving Medically Tailored Meals after discharge from a skilled nursing facility where she stayed for one month after her release from the hospital. She uses oxygen daily and was diagnosed with obesity and pre-diabetes. Over the course of the 12-week program, Maya lost 16 pounds and regained the ability to use a walker. She had no hospital re-admissions or emergency department visits during the intervention. Upon program completion, Maya was transitioned into The Health Trust’s Meals on Wheels program and continues to receive one heart-healthy meal per day free of charge. Maya expresses gratitude for the programs, both for the meals and the assistance learning how to eat more healthfully.
Impact

Building health equity is only made possible by the generosity and support of our funders, donors, volunteers, and advocates. Thank you for helping us continue our work through community programs that positively impact people’s health and lives.

Your support means . . .

2,677 Individuals assisted with health insurance enrollment
1,183 Individuals received housing services
824 Individuals received healthy home delivered meals

CHRONIC DISEASE
HOUSING
FOOD & NUTRITION

Program Highlight: HIV/AIDS Services

Through compassionate, skilled supportive services, The Health Trust’s HIV/AIDS Services Program provides an array of services to help low-income Santa Clara County residents living with HIV/AIDS. Our program is the largest non-medical HIV service provider in Santa Clara County - and the only provider of HIV-specific food, case management, and transportation services. Services include non-medical and medical case management, food services, transportation, emergency financial assistance, home and community based services, and jail testing and linkage to care.

DeLoria’s Story

There are 3,669 individuals in Santa Clara County living with HIV - DeLoria is one of them. When she first found out she was HIV positive, DeLoria felt afraid and ashamed. After telling her family, some didn’t want to touch her, making her feel even more isolated.

The Health Trust HIV/AIDS Services program helped DeLoria find the resources she needed to thrive and manage her condition better, including securing affordable housing, accessing medical care and healthy food, and providing a safe place to turn to for advice and support.

“At The Health Trust, there [is] no stigma and no judgement. They got your back.” DeLoria says. “Honestly, I might not be here without them.”