



HEALTHTrust



ANNUAL REPORT

2018 - 2019

The Health Trust

MISSION: TO BUILD HEALTH EQUITY IN SILICON VALLEY

In 1996, The Health Trust was formed from the sale of three local nonprofit hospitals. Since then, we have served the Silicon Valley community as a nonprofit operating foundation.

For over 20 years, The Health Trust has ensured that health-related grants, policies, and services exist to help give everyone the opportunity to be as healthy as possible - especially the most vulnerable. That's what building health equity means to us.

It's a mission driven by our core values, and one that we try to achieve as a local funder, provider, and advocate. But we can't do it alone. With the support of funders, donors, and volunteers, and by partnering with community-based organizations, policymakers, and local leaders, together we can build the equity we seek.

VISION

We believe that everyone in our community should have the opportunity to be healthy. A person's income, race, immigration status, language, age, or zip code should never act as a barrier to health.

By aligning our roles as a funder, a provider, and an advocate, The Health Trust tackles health disparities plaguing the most vulnerable populations in our community - impacting health-related services, systems, and policies.

Because everyone's health matters.

BOARD OF TRUSTEES

David J. Neighbors, C.P.A., M.S.T.
BOARD CHAIR

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BOARD VICE CHAIR

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Michele Lew, M.P.P.

Camille Llanes-Fontanilla, M.P.A.

Rita Nguyen, M.D.

Ann Ravel, J.D.

Efren Rosas, M.D.

Craig Stephens, Ph.D.





649,516

Pounds of produce
distributed to clients
and the community

169,107

Meals delivered to
individuals in our
community who are
food insecure

73,701

Number of wellness
checks and visits
provided throughout
the county

Supporters

WELLNESS VISIONARIES

\$500,000 & up

California Department of Public Health, Office of AIDS
City of San Jose Department of Housing
County of Santa Clara Office of Supportive Housing
County of Santa Clara Public Health Department

WELLNESS CHAMPIONS

\$100,000 to \$499,999

Applied Materials Silicon Valley Turkey Trot - Silicon Valley
Leadership Group Foundation
FIRST 5 Santa Clara County
Gilead Sciences
Santa Clara Family Health Plan
Sourcewise

DIRECTORS' CIRCLE

\$25,000 to \$99,999

Anonymous
City of Mountain View
City of San Jose Department of Parks, Recreation, and
Neighborhood Services
The David and Lucile Packard Foundation
El Camino Healthcare District
Gordon and Betty Moore Foundation
Hurlbut-Johnson Charitable Trusts (an advised fund of Silicon
Valley Community Foundation)
Kaiser Permanente Northern California Community Benefit
Programs
Leslie Family Foundation
LinkedIn Corporation
MAC VIVA GLAM Fund
Mercury News Wish Book Fund
The Swinerton Foundation
Karen Wang, M.D. and Michael Celio

BENEFACTORS' CIRCLE

\$10,000 to \$24,999

Broadway Cares/Equity Fights AIDS
City of Campbell
City of Sunnyvale
Heritage Bank of Commerce
Knight Foundation
Pacific Gas and Electric Company
SCAN Health Plan
Sutter Health Palo Alto Medical Foundation
The Thomas and Janice Berthold Charitable Fund

INVESTORS' CIRCLE

\$2,500 to \$9,999

AIDS Walk San Francisco
Anthem Blue Cross Foundation
AT&T of California
Bryce and Darla Beck
The Boucher Family Foundation
The Burt and Barbara Foundation
City of Milpitas

VOLUNTEER IMPACT

Number of Volunteers: 1,117
Hours Donated: 22,368
Service Value: \$669,922

Many thanks to our individual and corporate volunteers.

CORPORATE VOLUNTEERS

ABM @ Facebook
adHere, LLC
Arm, Inc.
Bandai Namco Ent.
Berkshire Hathaway, Inc.
BrandVia Alliance, Inc.
Cadence Design Systems
City National Bank
Ebay
EQUINIX
First Tech Federal Credit Union
Google
Hewlett Packard Enterprise
Honda of Stevens Creek
iDtech
Insperity
Intuit
Johnson & Johnson Surgical Vision, Inc.
KPMG
Krypt, Inc.
LinkedIn
MAC Cosmetics
Medallia
Netsmart Technologies
OmniVision
PayPal
PricewaterhouseCoopers, LLP
R2integrated
Referential Inc.
Rohde & Schwarz
Riverbed
Santa Clara County Federal Credit Union
SolutionsATI Consulting
Swinerton Builders
Symantec
Truner Construction
Uber Technologies
UPS Plant Engineering
Veritas Technologies, LLC
WebEnertia
Wells Fargo

For volunteer opportunities, contact
volunteers@healthtrust.org

Consulate General of Mexico
 The Davidson Family Foundation
 Andrea J. Elliott
 Alexandria Felton
 Barbara and Martin L. Fishman, M.D.
 Douglas and Janet Ginter
 Christine and Andrew Green
 Todd and Amy Hansen
 Diane Hawkes
 Janet Heldt and Crystal West
 Helms Foundation
 Greg Henderson
 Hugh Stuart Center Charitable Trust
 J.W. & H.M. Goodman Family Foundation
 Jockers Family Foundation
 Legacy Venture
 Michele Lew and Jon Kessler
 Lucy Lofrumento
 Kate Lorig, Dr.P.H.
 Los Altos Community Foundation
 Macy's
 Meals on Wheels America
 Michael and Ina Korek Foundation Trust
 Mission City Community Fund
 PentaRisk Insurance Services LLC
 Physicans Medical Urgent Care, Inc.
 RBC Wealth Management
 Robert George Scheid Revocable Trust
 Roberta L. Robins, J.D.
 Cynthia and Allen Ruby
 Safeway Foundation
 Grace A. Sanfilippo
 SEI Corporation
 St. Andrew's Episcopal Church
 The Staple Family Fund (an advised fund
 of Silicon Valley Community Foundation)
 Star One Credit Union
 Stella B. Gross Charitable Trust
 Subaru of America
 TouchPoint Foundation
 UnitedHealthcare
 The Verano Fund
 Wells Fargo
 William H. Cilker Family Foundation

LEADERSHIP CIRCLE

\$1,000 to \$2,499

Patricia and Thelmer Aalgaard
 Robert and Denise Aitken
 Alliance Credit Union
 Altman-Arnou Charitable Foundation
 Anonymous
 Suzanne M. Avina
 Fred J. Bedard
 Robert J. Bettencourt
 Dr. Reena and Gautam Bhargava
 Michele Brown
 The Carter Family Charitable Foundation, Inc.
 Amy Chan
 The Cherniss Family Trust
 Mary Chiao
 CliftonLarsonAllen (CLA)
 Comcast California
 Reese and Kathleen Cutler
 Gordon and Carolyn Davidson

James Feit
 Helen L. Feller
 Fox Family Charitable Gift Foundation
 Lance Freesh
 Gideon Hausner Jewish Day School
 Gilmore IT
 Healthier Kids Foundation
 Thomas and Roberta Henderson
 Hospital Council of Northern and Central California
 James and Diane Hutchison
 Teresa and Greg Johnson
 Ujjal Kohli
 Deborah and Kenneth Lawrence
 Stanford Children's Health
 Esther Marcial
 Sara McClure
 Milligan Family Foundation
 James J. Montanaro
 Adil and Renee Munshi
 David and Michele Neighbors
 James and Rebecca Nestor
 Paul Newhagen
 On Lok
 Michelle Parodi Knight
 Les and Louise Persson
 Bernard L. Pfefer
 Mark Prazer
 Rotary Club of Morgan Hill
 Sherri Sager
 San Jose Water Company
 Santa Clara Valley Water District
 William Scharfen
 Carlene Schmidt
 Martha and William Sheridan, M.D.
 Silicon Valley Community Foundation
 Robert Smart
 Stanford Health Care
 Valley Medical Center Foundation
 Gary and Sharon Vergho
 Wells Fargo Bank
 Wayne Williams
 The Wolfe Foundation
 Annie Zacanti
 Joann Zimmerman, R.N.

GIFT-IN-KIND DONORS

Valued at \$1,000 & up

NBC Bay Area / Telemundo 48
 Sobrato Family Foundation
 Second Harvest Silicon Valley
 The Flower Cottage
 Rock Bottom Restaurant & Brewery



Provider

Food is Medicine

In April 2018, The Health Trust joined the California Food is Medicine Coalition (Cal FIMC) Medi-Cal Medically Tailored Meals Pilot Program. Medically Tailored Meals are delivered to individuals living with severe illness through a referral from a medical professional or healthcare plan. Meal plans are tailored to the medical needs of the recipient by a Registered Dietitian Nutritionist and designed to improve health outcomes with the goal of reducing healthcare costs and increasing patient satisfaction.

At the end of the first year, the pilot is observing some positive findings. Across the state, participants who completed the program are reporting fewer hospital re-admissions consistent with similar intervention programs across the country. The Health Trust's program has also seen an increase in perceived health status from program participants and an overall decrease in the number of hospital re-admissions.

CLIENTS

In the first year, The Health Trust enrolled 62 individuals in the Medi-Cal Medically Tailored Meals Pilot Program.

62

COMPLETION

More than 2/3 of enrolled clients completed the program and experienced positive health outcomes, such as lower hospital re-admission rates.

69%

MEALS SERVED

The Medically Tailored Meals program provides meals that reflect appropriate dietary therapy based on evidence-based nutrition practice guidelines.

11,689

Pilot Success Story

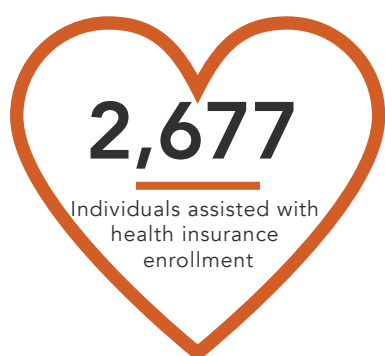
Seventy-seven-year-old Maya began receiving Medically Tailored Meals after discharge from a skilled nursing facility where she stayed for one month after her release from the hospital. She uses oxygen daily and was diagnosed with obesity and pre-diabetes. Over the course of the 12-week program, Maya lost 16 pounds and regained the ability to use a walker. She had no hospital re-admissions or emergency department visits during the intervention. Upon program completion, Maya was transitioned into The Health Trust's Meals on Wheels program and continues to receive one heart-healthy meal per day free of charge. Maya expresses gratitude for the programs, both for the meals and the assistance learning how to eat more healthfully.



Impact

Building health equity is only made possible by the generosity and support of our funders, donors, volunteers, and advocates. Thank you for helping us continue our work through community programs that positively impact people's health and lives.

Your support means . . .



CHRONIC DISEASE



HOUSING



FOOD & NUTRITION

Program Highlight: HIV/AIDS Services

Through compassionate, skilled supportive services, The Health Trust's HIV/AIDS Services Program provides an array of services to help low-income Santa Clara County residents living with HIV/AIDS. Our program is the largest non-medical HIV service provider in Santa Clara County - and the only provider of HIV-specific food, case management, and transportation services. Services include non-medical and medical case management, food services, transportation, emergency financial assistance, home and community based services, and jail testing and linkage to care.

DeLoria's Story

There are 3,669 individuals in Santa Clara County living with HIV - DeLoria is one of them. When she first found out she was HIV positive, DeLoria felt afraid and ashamed. After telling her family, some didn't want to touch her, making her feel even more isolated.

The Health Trust HIV/AIDS Services program helped DeLoria find the resources she needed to thrive and manage her condition better, including securing affordable housing, accessing medical care and healthy food, and providing a safe place to turn to for advice and support.

"At The Health Trust, there [is] no stigma and no judgement. They got your back." DeLoria says. "Honestly, I might not be here without them."



Photo by Randy Vazquez/Bay Area News Group



HEALTHTrust

3180 Newberry Drive, Suite 200
San Jose, CA 95118

healthtrust.org
info@healthtrust.org
408-513-8700

