

Healthy Living Strategies (2014 -2018)

**Challenge**

**What is the Solution?**

**What is The Health Trust Doing?**

**Goal**

Chronic diseases such as heart disease, diabetes and AIDS are costly and preventable. These conditions most impact low-income minority communities.

Chronic disease prevention and management services are fragmented and difficult to navigate.

Among children, tooth decay is the single most common chronic disease of childhood, and is the most prevalent unmet health care need.

Families struggle to access the information and support services they need to insure their children and prepare them for school success.

Housing costs in Silicon Valley are prohibitively expensive. Without sufficient housing, at risk individuals struggle in improve or maintain their health.

Systems and conditions that contribute to health disparities are stagnant, and not evolving to address evolving demands.

Prevent and Manage Chronic Disease

Provide Oral Health Services and Education

Strengthen Children and Families

Provide Affordable Housing

**Chronic Disease and Diabetes Self-management Education:** Recruiting and training peer health educators to lead *Better Choices Better Health* workshops and evidence based diabetes education programs in the most at-risk communities.

**One-Stop Shop:** Creating convenient, community based "one-stop shops" that increase access to and utilization of preventative health and community services.

**AIDS Services:** Providing case management, housing subsidies, food assistance through the Food Basket, and client support and enrichment activities at the Living Learning Lounge.

**Dental Services:** Providing preventative and restorative dental care to children at Children’s Dental Centers.

**Oral Health Education:** Delivering Promotora led oral health education to children and parents. Training providers and teachers to deliver oral health education curriculum.

**Fluoridation:** Implementing fluoridation at Santa Clara Valley Water District and at San Jose Water Company.

**Learning Together Initiative:** Operating FIRST 5 funded Family Resource Centers in 3 Supervisorial Districts.

**Enrollment and Healthcare Navigation:** Enrolling children and families in Healthy Families, Healthy Kids, MediCal, and plans offered through Covered California, California’s health insurance exchange.

**Early Childhood Development Professional Development:** Investing in Educare to support development of best practice ECD training facility and classroom space.

**Housing Assistance:** Providing rent subsidies for HIV+ individuals.

**Destination Home:** Reducing our most vulnerable homeless populations through policy, housing, advocacy and action.

\* The Health Trust seeks to disrupt the underlying systems and conditions that contribute to health disparities through Disruptive Innovation theory based funding.

All residents in Santa Clara County and Northern San Benito County have the services and connections they need to enjoy the healthiest lives possible.